Listening Prayer – An Experience of Lectio Divina

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John 13:31-35 (The Message)

When he had left, Jesus said, "Now the Son of Man is seen for who he is, and God seen for who he is in him. The moment God is seen in him, God's glory will be on display. In glorifying him, he himself is glorified—glory all around!

"Children, I am with you for only a short time longer. You are going to look high and low for me. But just as I told the Jews, I'm telling you: 'Where I go, you are not able to come.'

"Let me give you a new command: Love one another. In the same way I loved you, you love one another. This is how everyone will recognize that you are my disciples—when they see the love you have for each other."

John 13:31-35 NLT

As soon as Judas left the room, Jesus said, "The time has come for the Son of Man to enter into his glory, and God will be glorified because of him. And since God receives glory because of the Son, he will give his own glory to the Son, and he will do so at once. Dear children, I will be with you only a little longer. And as I told the Jewish leaders, you will search for me, but you can't come where I am going. So now I am giving you a new commandment: Love each other. Just as I have loved you, you should love each other. Your love for one another will prove to the world that you are my disciples."

For Reflection and Prayer:

As you listened to the text, was there a word, phrase or image which caught your attention? Gently repeat the word or phrase, giving it room to settle deeply in your heart.

Reflect on what you heard. Relish the words. Notice how the word or words affected you. Which emotions stirred within you? You might choose to journal about what you heard.

Respond to what you heard and reflected on in your prayer with God. Is there a prayer that rises within you?

Rest in God as you simply be and entrust yourself to God in the quiet.