Listening Prayer – An Experience of Lectio Divina

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John 15:26-27, 16:4-15 (The Message)

"When the Friend* I plan to send you from the Father comes—the Spirit of Truth issuing from the Father—he will confirm everything about me. You, too, from your side must give your confirming evidence, since you are in this with me from the start."

"I didn't tell you this earlier because I was with you every day. But now I am on my way to the One who sent me. Not one of you has asked, 'Where are you going?' Instead, the longer I've talked, the sadder you've become. So let me say it again, this truth: It's better for you that I leave. If I don't leave, the Friend won't come. But if I go, I'll send him to you.

"When he comes, he'll expose the error of the godless world's view of sin, righteousness, and judgment: He'll show them that their refusal to believe in me is their basic sin; that righteousness comes from above, where I am with the Father, out of their sight and control; that judgment takes place as the ruler of this godless world is brought to trial and convicted.

"I still have many things to tell you, but you can't handle them now. But when the Friend comes, the Spirit of the Truth, he will take you by the hand and guide you into all the truth there is. He won't draw attention to himself, but will make sense out of what is about to happen and, indeed, out of all that I have done and said. He will honor me; he will take from me and deliver it to you. Everything the Father has is also mine. That is why I've said, 'He takes from me and delivers to you.'

* Advocate, Comforter, Encourager, or Counselor. Greek reads Paraclete.

For Reflection and Prayer:

Was there a word, a phrase, image, or feeling that 'shimmered' as you listened? Allow it to land in your heart. Stay with it. Savor it.

Reflect on what you heard. What effect does it have on you? What meaning does it hold for you? What does the Holy Spirit seem to be conveying to you? Talk it over in your prayer. Perhaps you want to draw or color your prayer or journal the conversation.

As the time of prayer comes to a close, share some moments of quiet with Jesus, simply resting safely in his presence.