

John 20:19-31 (MSG)

Later on that day, the disciples had gathered together, but, fearful of the Jews, had locked all the doors in the house. Jesus entered, stood among them, and said, “Peace to you.” Then he showed them his hands and side.

The disciples, seeing the Master with their own eyes, were awestruck. Jesus repeated his greeting: “Peace to you. Just as the Father sent me, I send you.”

Then he took a deep breath and breathed into them. “Receive the Holy Spirit,” he said. “If you forgive someone’s sins, they’re gone for good. If you don’t forgive sins, what are you going to do with them?”

But Thomas, sometimes called the Twin, one of the Twelve, was not with them when Jesus came. The other disciples told him, “We saw the Master.”

But he said, “Unless I see the nail holes in his hands, put my finger in the nail holes, and stick my hand in his side, I won’t believe it.”

Eight days later, his disciples were again in the room. This time Thomas was with them. Jesus came through the locked doors, stood among them, and said, “Peace to you.”

Then he focused his attention on Thomas. “Take your finger and examine my hands. Take your hand and stick it in my side. Don’t be unbelieving. Believe.”

Thomas said, “My Master! My God!”

Jesus said, “So, you believe because you’ve seen with your own eyes. Even better blessings are in store for those who believe without seeing.”

Jesus provided far more God-revealing signs than are written down in this book. These are written down so you will believe that Jesus is the Messiah, the Son of God, and in the act of believing, have real and eternal life in the way he personally revealed it.

For Reflection and Prayer:

Was there a word, a phrase, image, or feeling that ‘shimmered’ as you listened? Allow it to land in your heart. Stay with it. Savor it.

Reflect on what you heard. What effect does it have on you? What meaning does it hold for you? What does the Holy Spirit seem to be conveying to you? Talk it over in your prayer. Perhaps you want to draw or color your prayer or journal the conversation.

As the time of prayer comes to a close, share some moments of quiet with Jesus, simply resting safely in his presence.