

Luke 24:44-53 (MSG)

Then he said, “Everything I told you while I was with you comes to this: All the things written about me in the Law of Moses, in the Prophets, and in the Psalms have to be fulfilled.”

⁴⁵⁻⁴⁹ He went on to open their understanding of the Word of God, showing them how to read their Bibles this way. He said, “You can see now how it is written that the Messiah suffers, rises from the dead on the third day, and then a total life-change through the forgiveness of sins is proclaimed in his name to all nations—starting from here, from Jerusalem! You’re the first to hear and see it. You’re the witnesses. What comes next is very important: I am sending what my Father promised to you, so stay here in the city until he arrives, until you’re equipped with power from on high.”

⁵⁰⁻⁵¹ He then led them out of the city over to Bethany. Raising his hands he blessed them, and while blessing them, took his leave, being carried up to heaven.

⁵²⁻⁵³ And they were on their knees, worshiping him. They returned to Jerusalem bursting with joy. They spent all their time in the Temple praising God. Yes.

For Reflection and Prayer:

Listening with the “ear of your heart”, was there a word, phrase or image which caught your attention you as you listened to or slowly read the text? Gently repeat the word or phrase, giving it room to settle deeply in your heart.

Reflect on what you heard. Relish the words. Notice how the word or words affected you. You might choose to journal about what you heard.

Respond to what you heard and reflected on in your prayer with Jesus. Is there a prayer of which rises within you? Does he have more to say to you?

Rest in God as you simply be and entrust yourself to God in the quiet.

Luke 24:44-53 (NLT)

Then he said, “When I was with you before, I told you that everything written about me in the law of Moses and the prophets and in the Psalms must be fulfilled.” ⁴⁵ Then he opened their minds to understand the Scriptures. ⁴⁶ And he said, “Yes, it was written long ago that the Messiah would suffer and die and rise from the dead on the third day. ⁴⁷ It was also written that this message would be proclaimed in the authority of his name to all the nations, beginning in Jerusalem: ‘There is forgiveness of sins for all who repent.’ ⁴⁸ You are witnesses of all these things.

⁴⁹ “And now I will send the Holy Spirit, just as my Father promised. But stay here in the city until the Holy Spirit comes and fills you with power from heaven.”

⁵⁰ Then Jesus led them to Bethany, and lifting his hands to heaven, he blessed them. ⁵¹ While he was blessing them, he left them and was taken up to heaven. ⁵² So they worshiped him and then returned to Jerusalem filled with great joy. ⁵³ And they spent all of their time in the Temple, praising God.