

Luke 6:27-37 (NLT)

“But to you who are willing to listen, I say, love your enemies! Do good to those who hate you. Bless those who curse you. Pray for those who hurt you. If someone slaps you on one cheek, offer the other cheek also. If someone demands your coat, offer your shirt also. Give to anyone who asks; and when things are taken away from you, don’t try to get them back. Do to others as you would like them to do to you.

“If you love only those who love you, why should you get credit for that? Even sinners love those who love them! And if you do good only to those who do good to you, why should you get credit? Even sinners do that much! And if you lend money only to those who can repay you, why should you get credit? Even sinners will lend to other sinners for a full return.

“Love your enemies! Do good to them. Lend to them without expecting to be repaid. Then your reward from heaven will be very great, and you will truly be acting as children of the Most High, for he is kind to those who are unthankful and wicked. 36 You must be compassionate, just as your Father is compassionate.

For Reflection and Prayer:

As you listened to the text, was there a word, phrase or image which caught your attention? Gently repeat the word or phrase, giving it room to settle deeply in your heart.

Reflect on what you heard. Relish the words. Notice how the word or words affected you. Which emotions stirred within you? Be with what is there for you. You might choose to journal about what you heard.

Respond to what you heard and reflected on in your prayer with God. Is there a prayer of which rises within you?

Rest in God as you simply be and entrust yourself to God in the quiet.

Luke 6:27-37 The Message

“To you who are ready for the truth, I say this: Love your enemies. Let them bring out the best in you, not the worst. When someone gives you a hard time, respond with the supple moves of prayer for that person. If someone slaps you in the face, stand there and take it. If someone grabs your shirt, giftwrap your best coat and make a present of it. If someone takes unfair advantage of you, use the occasion to practice the servant life. No more payback. Live generously.

“Here is a simple rule of thumb for behavior: Ask yourself what you want people to do for you; then grab the initiative and do it for *them*! If you only love the lovable, do you expect a pat on the back? Run-of-the-mill sinners do that. If you only help those who help you, do you expect a medal? Garden-variety sinners do that. If you only give for what you hope to get out of it, do you think that’s charity? The stingiest of pawnbrokers does that.

“I tell you, love your enemies. Help and give without expecting a return. You’ll never—I promise—regret it. Live out this God-created identity the way our Father lives toward us, generously and graciously, even when we’re at our worst. Our Father is kind; you be kind.