Listening Prayer – An Experience of Lectio Divina

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Matthew 13:1-9, 18-23 RSV

13 That same day Jesus went out of the house and sat beside the sea. 2 And great crowds gathered about him, so that he got into a boat and sat there; and the whole crowd stood on the beach. 3 And he told them many things in parables, saying: "A sower went out to sow. 4 And as he sowed, some seeds fell along the path, and the birds came and devoured them. 5 Other seeds fell on rocky ground, where they had not much soil, and immediately they sprang up, since they had no depth of soil, 6 but when the sun rose they were scorched; and since they had no root they withered away. 7 Other seeds fell upon thorns, and the thorns grew up and choked them. 8 Other seeds fell on good soil and brought forth grain, some a hundredfold, some sixty, some thirty. 9 He who has ears,[a] let him hear."

18 "Hear then the parable of the sower. 19 When any one hears the word of the kingdom and does not understand it, the evil one comes and snatches away what is sown in his heart; this is what was sown along the path. 20 As for what was sown on rocky ground, this is he who hears the word and immediately receives it with joy; 21 yet he has no root in himself, but endures for a while, and when tribulation or persecution arises on account of the word, immediately he falls away.[a] 22 As for what was sown among thorns, this is he who hears the word, but the cares of the world and the delight in riches choke the word, and it proves unfruitful. 23 As for what was sown on good soil, this is he who hears the word and understands it; he indeed bears fruit, and yields, in one case a hundredfold, in another sixty, and in another thirty."

For Reflection and Prayer:

Was there a word, a phrase, image, or feeling that 'shimmered' as you listened? Allow it to land in your heart. Stay with it. Savor it.

Reflect on what you heard. What effect does it have on you? What meaning does it hold for you? What does the Holy Spirit seem to be conveying to you? Talk it over in your prayer. Perhaps you want to draw or color your prayer or journal the conversation.

As the time of prayer comes to a close, share some moments of quiet with Jesus, simply resting safely in his presence.

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Matthew 13:1-9, 18-23 The Message

- 1-3 At about that same time Jesus left the house and sat on the beach. In no time at all a crowd gathered along the shoreline, forcing him to get into a boat. Using the boat as a pulpit, he addressed his congregation, telling stories.
- ³⁻⁸ "What do you make of this? A farmer planted seed. As he scattered the seed, some of it fell on the road, and birds ate it. Some fell in the gravel; it sprouted quickly but didn't put down roots, so when the sun came up it withered just as quickly. Some fell in the weeds; as it came up, it was strangled by the weeds. Some fell on good earth, and produced a harvest beyond his wildest dreams.
- ⁹ "Are you listening to this? Really listening?"
- ¹⁸⁻¹⁹ "Study this story of the farmer planting seed. When anyone hears news of the kingdom and doesn't take it in, it just remains on the surface, and so the Evil One comes along and plucks it right out of that person's heart. This is the seed the farmer scatters on the road.
- ²⁰⁻²¹ "The seed cast in the gravel—this is the person who hears and instantly responds with enthusiasm. But there is no soil of character, and so when the emotions wear off and some difficulty arrives, there is nothing to show for it.
- ²² "The seed cast in the weeds is the person who hears the kingdom news, but weeds of worry and illusions about getting more and wanting everything under the sun strangle what was heard, and nothing comes of it.
- ²³ "The seed cast on good earth is the person who hears and takes in the News, and then produces a harvest beyond his wildest dreams."