www.restorationmn.org

Psalm 29 (NRSV)

Ascribe to the Lord, O heavenly beings, ascribe to the Lord glory and strength. Ascribe to the Lord the glory of his name; worship the Lord in holy splendor.

The voice of the Lord is over the waters; the God of glory thunders, the Lord, over mighty waters.

The voice of the Lord is powerful; the voice of the Lord is full of majesty.

The voice of the Lord breaks the cedars; the Lord breaks the cedars of Lebanon. He makes Lebanon skip like a calf and Sirion like a young wild ox.

The voice of the Lord flashes forth flames of fire. The voice of the Lord shakes the wilderness; the Lord shakes the wilderness of Kadesh.

The voice of the Lord causes the oaks to whirl and strips the forest bare, and in his temple all say, "Glory!"

The Lord sits enthroned over the flood; the Lord sits enthroned as king forever. May the Lord give strength to his people! May the Lord bless his people with peace!

For Reflection and Prayer:

Was there a word, phrase or image which caught your attention you as you listened to or slowly read the text? Quietly savor this with Jesus.

Notice any felt sense that seems to emerge as you linger with this passage. It might come as a bodily feeling, emotion, metaphor, picture, gesture or sound. See if you can describe it and simply be with it with patient curiosity. Be open to whatever more might emerge.

Perhaps you might want to draw, color or journal your conversation.

As the time of prayer comes to a close, share some quiet moments with Jesus, simply resting safely in his presence.

www.restorationmn.org

Psalm 29 (Psalms for Praying by Nan Merrill)

Give praise to the Beloved, O heavenly hosts, Sing of Love's glory and strength. Exalt the glory of Love's Name; Adore the Beloved in holy splendor.

The voice of the Beloved is upon the waters; Love's voice echoes over the oceans and seas. The voice of Love is powerful, majestic is the heart of Love.

The mercy of the Beloved breaks the bonds of oppression, shatters the chains of injustice. Love invites all to the dance of freedom, to sing the Beloved's song of truth.

The voice of Love strikes with fire upon hearts of stone. The voice of Love uproots the thorns of fear, Love uproots fear in every open heart.

The voice of Love is heard in every storm, and strips the ego bare; And in the heart's chapel, all cry, "Peace and Glory forever!"

The Beloved lives in our hearts; Love dwells with us forever. May Love give strength to all people. May Love bless all nations with peace.